



SEASON 10 EP. 2

Ever Ancient, Ever New: Changing Seasons

GROUP QUESTIONS

1. What stood out to you from this week's episode?
2. We were hoping to return to a new normal by now but it seems we are in a constant state of change and a departure from normal. How are you seeing God through your current situation?
3. What "ancient paths" might God be inviting you to walk in during this season that will keep yourself in His light and your eyes on His eternal perspective?
4. Michelle shares, "Our sense of control is just an illusion and His sovereignty is the only thing we can trust." Where is God inviting you to surrender your desire for control?

LECTIO DIVINA

"There is an appointed time for everything, and a time for every affair under the heavens. A time to give birth, and a time to die; time to plant, and a time to uproot the plant." - Ecclesiastes 3:1-2

JOURNAL QUESTIONS

1. Where have you made agreements with powerlessness and hopelessness, telling God that a situation will not change? Take a moment to surrender these agreements and ask God to fill you with his truth.
2. In the last 18 months, what fruit have you seen emerge maybe unexpectedly from ground you have tilled with God for months or years?
3. How can you practice feeling your emotions fully but submitting your emotions to the truth of God? Are there any particular feelings or emotions you want to surrender to God's truth right now?
4. How could greater trust in God's sovereignty free you from the need to make things happen yourself? Take a moment to recount how God has been faithful in the past.

QUOTE TO PONDER

"Night: we cannot stop it, or hasten it; it just comes, and it teaches us every twenty-four hours that we are not in complete control." - Fr. Iain Matthew, *The Impact of God*

