

HERSTORY: DEBORAH

Group Questions

1. What struck you from this week's episode?
2. How does God want to use us to be a voice to call others into their fullness, into their becoming, and to the glory God intends for each of us?
3. What do you need to repent of in order to bring God's kingdom here and now? Who is God inviting you to link arms with, in peace, to help bring about His Kingdom here and now?
4. What would it mean in your life for you to arise? Where specifically is God calling you to arise in your own motherhood to mother yourself and other people after that?

Lectio Divina

"Villagers in Israel would not fight; they held back until I, Deborah, arose, until I arose, a mother in Israel." - Judges 5:7

Journal Questions

1. Take a moment to reflect on the ways you have seen God move in your life, bring about breakthroughs, heal, restore, or make a way where there was no way.
2. Read Judges 5 as an inspiration then write down a personal Magnificat: a song/poem of praise to God for what He has done in your life.
3. What are the places in your life where you seek out your own glory instead of God's glory? In these moments, who are your most honest relationships with that remind you this is not the glory that you were made for?
4. What are your idols that God is asking you to leave, repent, and turn back to him? What is the captivity that your idols keep you trapped in?

Quote to Ponder

"Women of the entire universe, whether Christian or non-believing, you to whom life is entrusted at this grave moment in history, it is for you to save the peace of the world."
- Saint Paul VI