

SEASON 12 – EPISODE 14

Lent Book Study Part 7: Conclusion

GROUP QUESTIONS

1. What have you learned this Lent?
2. What gifts has God given you this Lent?
3. Which Sacraments did you encounter deeply this Lent?
4. Where in your life are you struggling to experience joy and freedom?

LECTIO DIVINA

“His divine power has bestowed on us everything that makes for life and devotion” – 2 Peter 1:3

JOURNAL QUESTIONS

1. When I judge others, where am I trying to protect my heart?
2. Where am I afraid of my own needs and wounds?
3. Where do I need the Lord to love me?
4. How is the Lord inviting me to bring the healing I have experienced through this book study into Easter?

QUOTES TO PONDER

"To be sure, it was not Easter Sunday but Holy Saturday, but, the more I reflect on it, the more this seems to be fitting for the nature of our human life: we are still awaiting Easter; we are not yet standing in the full light but walking toward it full of trust."

— Pope Benedict XVI

The spiritual journey is a struggle to be ever more available to God and to let go of the obstacles to that transforming process. The gospel is not merely an invitation to be a better person. It is an invitation to become divine. It invites us to share the interior life of the Trinity.

— Be Transformed, pg 159

