



SEASON 3 EPISODE 1: "BEGIN AGAIN"

Group Questions

1. WHAT IS YOUR WORD OF THE YEAR?
2. HOW WILL YOU BE INTENTIONAL ABOUT LIVING INTO YOUR WORD OF THE YEAR?
3. WHAT AREAS IN YOUR LIFE DO YOU NEED TO BEGIN AGAIN AND RECEIVE THE GRACE TO START OVER?
4. WHAT AREAS DO YOU NEED TO "UNCLENCH YOUR FISTS" AND LET IT GO, SO THAT GOD CAN COME IN POWER?

Journal Questions

1. IN WHAT AREAS HAVE YOU SETTLED FOR MEDIOCRITY?
2. HOW DO YOU SPECIFICALLY WANT TO BECOME MORE FULLY ALIVE IN VARIOUS AREAS OF YOUR LIFE? (FAMILY, HEALTH, SPIRITUAL, COMMUNITY, EMOTIONAL HEALTH)
3. WHAT WAS GOD SEWING INTO YOUR LIFE LAST YEAR? HOW DO YOU THINK THAT'S CONNECTED TO WHAT HE HAS FOR YOU THIS YEAR?

Quote to Ponder

"THE OBJECT OF A NEW YEAR IS NOT THAT WE SHOULD HAVE A NEW YEAR. IT IS THAT WE SHOULD HAVE A NEW SOUL AND A NEW NOSE; NEW FEET, A NEW BACKBONE, NEW EARS, AND NEW EYES. UNLESS A PARTICULAR MAN MADE NEW YEAR RESOLUTIONS, HE WOULD MAKE NO RESOLUTIONS. UNLESS A MAN STARTS AFRESH ABOUT THINGS, HE WILL CERTAINLY DO NOTHING EFFECTIVE." - GK CHESTERTON