



SEASON 3 - EPISODE 6: "LIFE OF THE BELOVED PART 2"

## *Group Questions*

1. WHAT ARE THE VOICES THAT TRY TO KEEP YOU FROM LIVING YOUR LIFE AS THE BELOVED?
2. HOW CAN WE LIVE OUT BEING THE BELOVED CONCRETELY IN OUR DAY TO DAY LIFE?
3. NOUWEN SAYS, YOU CAN'T GIVE THE GIFT OF BEING BELOVED IF YOU HAVEN'T RECEIVED IT. HOW CAN WE RECEIVE THIS TRUTH MORE DEEPLY.

## *Journal Questions*

1. WHAT IS YOUR INTERIOR RESPONSE TO HEARING THAT YOU ARE THE BELOVED?
2. WHAT ARE YOUR THOUGHTS ABOUT HENRI NOUWEN'S ASSERTION THAT BEING THE BELOVED EXPRESSES THE CORE TRUTH OF OUR EXISTENCE.

## *Quote to Ponder*

"BEING THE BELOVED EXPRESSES THE CORE TRUTH OF OUR EXISTENCE" - HENRI NOUWEN