

THE RIGHT TO HOPE

Group Questions

1. What struck you from this week's episode?
2. What are the things that stand in the way of you receiving the gift hope? Are there specific areas where you have been hurt in the area of hope?
3. How can we live into the virtue of hope that promises heaven is our home and God is working all things towards our redemption and restoration?
4. How do our lives look different because we are a people of hope?

Lectio Divina

"...Then the angel said to the women in reply, "Do not be afraid! I know that you are seeking Jesus the crucified. He is not here, for he has been raised just as he said. Come and see the place where he lay. Then go quickly and tell his disciples, 'He has been raised from the dead, and he is going before you to Galilee; there you will see him.' Behold, I have told you." Then they went away quickly from the tomb, fearful yet overjoyed, and ran to announce this to his disciples. And behold, Jesus met them on their way and greeted them. They approached, embraced his feet, and did him homage. Then Jesus said to them, 'Do not be afraid. Go tell my brothers to go to Galilee, and there they will see me.'" - Matthew 28: 1-10

Journal Questions

1. What wounds does the Lord want to heal in you in order to restore hope and trust in his promises?
2. Are there situations of disappointment that have stolen your hope in Jesus?
3. Where is God inviting you to practice patience and humility to receive hope?

Quote to Ponder

"At dawn the women went to the tomb. There the angel says to them: 'Do not be afraid. He is not here; for he has risen.' They hear the words of life even as they stand before a tomb...And then they meet Jesus, the giver of all hope, who confirms the message and says: 'Do not be afraid.' Do not be afraid, do not yield to fear: This is the message of hope. It is addressed to us, today." - Pope Francis