



SEASON 10 EP.1

We Begin, Again

GROUP QUESTIONS

1. What stood out to you from this week's episode?
2. What areas did you learn you needed to grow over this summer? How did God stretch you, humble you, invite you to abide more?
3. In what ways would you like to begin again today? What must you repent of? What must you turn your eyes away from to be able to see Christ looking at you?

LECTIO DIVINA

"It is not that I have already taken hold of it or have already attained perfect maturity, but I continue my pursuit in hope that I may possess it, since I have indeed been taken possession of by Christ Jesus. Brothers, I for my part do not consider myself to have taken possession. Just one thing: forgetting what lies behind but straining forward to what lies ahead, I continue my pursuit toward the goal, the prize of God's upward calling, in Christ Jesus." - Philippians 3:12-14

JOURNAL QUESTIONS

1. How did you see the Lord using events or memories of your past to grow you, mature you, and heal you this summer?
2. What desires would you like to name for the Lord to fulfill as we move into a new season?
3. How can you let the Lord love you where you are most vulnerable and dependent?

QUOTE TO PONDER

"Always, we begin again." - St. Benedict

