



SEASON 14 — EPISODE 9

*A Time of Renewal
Lent Week 4:
Filling Up the Sufferings of Christ*

GROUP QUESTIONS

1. Do you perceive repentance as an opportunity for intimacy or a response to punishment?
2. How can you more urgently respond to God's invitation of love?
3. What accountability can you incorporate to be steadfast to your Lenten promises?
4. How can you invite a culture of redemption into your life?

JOURNAL QUESTIONS

1. Where is the ease of the Lord in my life?
2. How can I turn back to the Lord in moments of hardship this Lent?
3. In the people I struggle with most, how do I encounter the image of God in them?
4. In my own self-righteousness, from whom do I withhold the kingdom of God?

QUOTE TO PONDER

"Our joy must be in him, where alone things have permanent depth and even eternity. The more earnestly we live our Lent, the more will we be finding our joy in Jesus."

— Mother Mary Francis P.C.C. *A Time of Renewal*. Kindle Edition. Page 148

LECTIO DIVINA

"He delivered us from the dominion of the darkness and transferred us to the kingdom of his beloved son." — Colossians 1:13