

GROUP QUESTIONS

- 1. How do you allow your fears of vulnerability, dependence, and a lack of control rule your life and your decisions?
- 2. What parts of your humanity do you find God inviting you more deeply into during this Advent season?
- 3. What Fruits of the Spirit do you need to grow in (love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control)?
- 4. How can you allow Mary to mother you to more fully experience these fruits and bring them to fruition?

JOURNAL QUESTIONS

- 1. How do I try to possess or manipulate others to protect them from disappointment or pain?
- 2.Do I see my humanity as a gift or as a burden?
- 3. In the final days before Christmas, when can I create moments of silence to meet Jesus?
- 4. Where do I need a mother?
- 5. Where am I afraid to be mothered?

QUOTES TO PONDER

"Many mothers try to shield their children from the common life, to give them a sheltered upbringing, so to shield them from all risk of sickness or pain or poverty that they are shielded from vitality and the vast experience of living. They hate to see them grow or experience anything that will make them independent. Sometimes a possessive mother even grudges a child his dream kingdom." (Houselander, Caryll. The Reed of God, page 54)

"There was no trace of indifference or detachment in Our Lady's attitude. She was not indifferent to Christ's suffering, but there was something that she was deeply aware of which made her more than ready for it. It was this: that little shivering mite in the manger was her own flesh and blood; her Advent work was done; she had formed Christ of her own life, in herself; and now that she had brought Him forth, she lived in Him. Quite literally, her life was in Christ. Therefore there could never be anything He suffered which she did not. He would suffer and she with Him. Everyone has the right to the loneliness of his own sorrow." (Houselander, Caryll. The Reed of God, page 55-56)

LECTIO DIVINA

"All things were made by him; and without him was made nothing that was made. In him was life, and the life was the light of men. And the light shineth in the darkness, and the darkness did not comprehend it."

- John 1: 3-5

