



SEASON 12 — EPISODE 12

# Lent Book Study Part 5: Reconciliation

## GROUP QUESTIONS

1. How have you experienced healing in the Sacrament of Reconciliation?
2. How do you hide in your shame and sinfulness?
3. In what ways do you desire to more deeply experience the power of the sacrament?

## LECTIO DIVINA

“Neither do I condemn you. Go, and from now on, do not sin anymore.”  
(John 8:11)

## JOURNAL QUESTIONS

1. In what ways am I hiding my sinfulness when I confess my sins?
2. Where do I experience shame that the Lord is inviting me to bring to Him for healing?
3. Have I been hurt by the brokenness of priests in the Sacrament of Reconciliation? What does Jesus say to me in that wound?
4. When was the last time I made a good confession?

## QUOTES TO PONDER

The sacrament of Reconciliation is one of the Church’s primary means of communicating this incredible and completely underserved gift of God’s compassion and forgiveness. Through the sacrament, the Holy Spirit is capable of reaching the deepest areas of our heart that keep us in degradation and separation.

— Be Transformed, pg 123

Jesus tells us plainly: we cannot be forgiven if we eternally refuse to acknowledge our sin and if we show contempt for God’s mercy. This is what Jesus meant when he spoke about “blasphemy of the Holy Spirit” (see Mk 3:29). Though often misunderstood, blasphemy of the Holy Spirit is an extreme hardness of heart, where a person is so entrenched and self-justified in his sin that he permanently and eternally refuses to recognize God’s justice or his own need for God’s mercy.

— Be Transformed, pg 123

