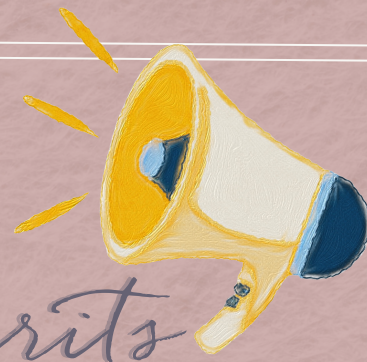


SEASON 13 — EPISODE 3



Discernment of Spirits (Series Part 2)

GROUP QUESTIONS

1. How have you experienced the closeness of the Lord?
2. What questions stirred in your heart while listening to this episode?
3. What obstacles do you experience in noticing the movements of your heart?
4. Have you been able to distinguish the Lord's voice and movements? How did you identify His voice?

JOURNAL QUESTIONS

1. Where do I see division within my heart and seek the Holy Spirit's bond of love?
2. When have I experienced spiritual consolation?
3. When have I experienced spiritual desolation?
4. Is there anything I am discerning in this season? How can I listen for the movements of the Lord?

QUOTES TO PONDER

"For by doing what God demands of us w" Our only desire and our one choice should be this: I want and I choose what better leads to God's deepening life in me."

— St. Ignatius Loyola

"Lay all of your cares about the future trustingly in God's hands, and let yourself be guided by the Lord just like a little child."

— St Teresa Benedicta of the Cross

LECTIO DIVINA

"Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will." — Romans 12:2