

SEASON 13 — EPISODE 5

# St. Thérèse "C'est la Confiance" Pt. 1

## GROUP QUESTIONS

1. How often do you receive the gaze of Jesus in your life?
2. Does childlikeness come naturally to you?
3. When have you relied on and trusted in God in your life?
4. What parts of your daily life can you surrender to God?

## JOURNAL QUESTIONS

1. Where have I distorted the goodness of the Lord?
2. How do I treat God like my personal assistant?
3. When have I felt that God was unsafe for me to trust?
4. In what ways do I live out of self-reliance?

## QUOTES TO PONDER

"It is confidence and nothing but confidence that must lead us to Love."

— St. Therese

## LECTIO DIVINA

"God is love"

— 1 John 4:8-16