SEASON 13 - EPISODE 8

"Ithirst" Pt. 1 
St. Teresa of Calcutta's
Varanasi Letter

## GROUP QUESTIONS

- 1. Have you allowed Jesus to look at you with love today?
- 2. What does it mean for you to let Jesus see you in the painful and shameful places of your heart?
- 3. What limitations do I experience that prevent me from entering into communion with God?
- 4. Were you able to pray with a photo of you from childhood / from the past? How did you experience Jesus' gaze in that prayer?

## JOURNAL QUESTIONS

- 1. Am I more concerned with Jesus' Hands than His Heart?
- 2. Have I seen with the eyes of my soul how Jesus looks upon me with love?
- 3. When have I heard the loving words Jesus speaks to me?
- 4. Where do I fail to trust the Lord?

## QUOTES TO PONDER

"I worry some of you still have not really met Jesus — one to one — you and Jesus alone. We may spend time in chapel —but have you seen with the eyes of your soul how He looks at you with love? Do you really know the living Jesus — not from books but from being with Him in your heart? Have you heard the loving words He speaks to you?"

- St. Teresa of Calcutta, Varanasi Letter

## LECTIO DIVINA

"I thirst."

- John 19:28

