Teap heris

INGREDIENTS

- 4 lbs cubed stew beef
- 1/8th cup Montreal Steak Spice
- 3/4 cup flour
- 1 medium onion diced
- 5 garlic cloves
- 1 1/2 tbsp beef bouillon paste

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- 3 cups water
- 1 package of puff pastry thawed (make sure you check how long it needs to thaw for before planning this dinner)

HOW TO COOK

- 1. Place stew beef in a large metal bowl.
- 2. Sprinkle with all of the Montreal Steak Spice
- 3. Sprinkle all the flour on the meat mix with wooden spoon to coat
- 4. Cover bottom of a very large and deep pan with oil that's good with high heat
- 5. When oil is sizzling fill the bottom of the pan with some of the meat. Turn to brown all sides. It should be caramelized on the outside.
- 6. Set the browned meat aside on a plate and repeat with the rest of the meat until done.
- 7. Put onions and garlic in the pan and cook till soft and fragrant, but don't burn.
- 8. Add the meat and stir, add 3 cups of water and the beef bouillon paste.

- 9. When it comes to a boil, reduce heat, simmer and cover with a lid.
- Cook for 1.5 hrs or until beef is very tender stirring occasionally so it doesn't stick. If it seems to thick add water.
- 11. When meat is done, taste to see if it needs more seasoning, then heat oven to 425°.
- 12. Add meat and the gravy it's cooking in to a glass 9x13 oven safe dish.
- Roll out the puff pastry on a large floured cutting board until about an inch bigger than your baking dish on each side.
- 14. Cover the meat with the puff pastry and press the edges around the glass dish. You can make it fancy if you want to :)
- 15. Bake in over for about 20 minutes or until puff pastry is very golden brown.
- 16. Serve with mashed potatoes and veggie of choice.