

## SEASON 7 EP.11 - EPILOGUE:

Group Questions

- 1. What struck you from the podcast?
- 2. What places do you feel uncertain and need the reassurance of God the Father?
- 3. Can you relate to the experience of having parts of you that you don't "welcome home?" How can you begin to care for those parts of you?
- 4. What is a "sophisticated defense" you may need to leave behind?
- 5. What titles are you called to live further into (sister, mother, wife, daughter, etc.)? What does growth in those areas look like?

Journal Questions

- 1. Reflect and journal about this scripture: Luke 15:11-32. What does it speak to you personally this last time?
- 2. How vulnerable are you allowing yourself to be in relationships? Are you opening up to the point that the ugliness can come out, and you can begin to receive healing within the safety of a community?
- 3. Where are you unwelcoming to yourself? Ask Christ to reveal to you how He sees you. What does he say?
- 4. What younger part of yourself is lost and needs to be welcomed home?

Quote to Ponder

"Everything in me yearned to be received in the way the prodigal son was received. That encounter turned out to be the beginning of my own return." - Henri Nouwen