

SEASON 10 EP.14

Advent: Miraculous Joy

- St. Therese of Lisieux -

GROUP QUESTIONS

1. What stood out to you from today's episode?
2. What kind of miracle are you desiring this Christmas season? What do you hope Jesus will transform into something new?
3. Where is God inviting you to greater self surrender this Advent? What situations/relationships is He inviting you to ask "How can I surrender it?" instead of asking "How can I fix it?"
4. How is Mary inviting you to embrace and accept your hiddenness, littleness, and poverty this Advent?

LECTIO DIVINA

"The spirit of the sovereign Lord is on me because the Lord has anointed me to proclaim good news to the poor. He has sent me to bind up the broken hearted, to proclaim freedom for the captives and release from darkness for the prisoners. To proclaim the year of the Lord's favor and the day of vengeance of our God. To comfort all who mourn and provide for those who grieve in Zion. To bestow on them a crown of beauty, instead of ashes, the oil of joy instead of mourning, and a garment of praise, instead of a spirit of despair. They will be called oaks of righteousness, a planting of the Lord for the display of his splendor." - Isaiah 61:1-3

JOURNAL QUESTIONS

1. Take some time to reflect on your own 'Christmas miracles.' Ask the Lord to call to mind a time when He did something for you, that you could not do for yourself.
2. Do you entrust your hiddenness and littleness to God like St. Therese? Why or why not?
3. Where have you over-complicated your spiritual life, vocation, and relationship with God? How can you reintroduce simplicity this Advent?

QUOTE TO PONDER

"Jesus, help me to simplify my life by learning what you want me to be and becoming that person."
- St. Therese of Lisieux