



## EPISODE 5: HOPE IN SEASONS OF DARKNESS

### *Group Questions*

1. DO YOU FIND IT HARD TO HAVE HOPE IN TIMES OF HARDSHIP?
2. WHAT WOULD IT LOOK LIKE TO SPEAK HOPE INTO THE LIFE OF SOMEONE THAT IS HURTING?
3. HOW CAN YOU GROW THE VIRTUE OF HOPE IN YOUR LIFE?

### *Journal Questions*

1. WHAT ARE SOME OF THE NEGATIVE BELIEFS WE HAVE ABOUT GOD WHEN WE DON'T SEE HIM INTERVENE IN OUR PROBLEMS THE WAY THAT WE THINK HE SHOULD?
2. DO I BELIEVE THAT GOD CAN BRING LIFE TO DEAD PLACES?

### *Quote to Ponder*

"DO NOT BE DISMAYED BY THE BROKENNESS OF THE WORLD. ALL THINGS BREAK. AND ALL THINGS CAN BE MENDED. NOT WITH TIME, BUT WITH INTENTION. SO GO. LOVE INTENTIONALLY, UNCONDITIONALLY. THE BROKEN WORLD WAITS IN DARKNESS FOR THE LIGHT THAT IS YOU" - L.R. KNOST