



SEASON 3 - EPISODE 20: HOW TO THRIVE THIS SUMMER

Group Questions

1. HOW CAN I MORE DEEPLY CONNECT WITH THE PEOPLE GOD HAS ENTRUSTED TO ME AND WITH THE LORD THIS SUMMER?
2. WHAT IS MOST IMPORTANT TO ME TO HAVE AS FOUNDATIONS THAT WILL RIGHTLY ORDER THE REST OF MY DAY?
3. HOW DOES GOD WANT YOU TO PLAY THIS SUMMER IN WAYS THAT FEED YOUR HEART AND ALLOW YOU TO RECEIVE HIS JOY?
4. HOW CAN YOU CULTIVATE THE DISCIPLINE OF PAUSING FOR BEAUTY AND HOLY WONDER?

Journal Questions

1. WHAT IS MY SPIRITUAL PLAN THIS SUMMER?
2. WHERE AM I GROWING WITH THE LORD?
3. WHAT DOES IT LOOK LIKE FOR ME TO HAVE ONGOING FELLOWSHIP WITH THE HOLY SPIRIT?
4. WHAT DO I NEED TO DO FOR SELF CARE THIS SUMMER?

Quote to Ponder

“VACATION TIME OFFERS THE UNIQUE OPPORTUNITY TO PAUSE BEFORE THE THOUGHT-PROVOKING SPECTACLES OF NATURE, A WONDERFUL ‘BOOK’ WITHIN REACH OF EVERYONE, ADULTS AND CHILDREN. IN CONTACT WITH NATURE, A PERSON REDISCOVERS HIS CORRECT DIMENSION, REDISCOVERS HIMSELF AS A CREATURE, SMALL BUT AT THE SAME TIME UNIQUE, WITH A ‘CAPACITY FOR GOD’ BECAUSE INTERIORLY HE IS OPEN TO THE INFINITE”

- POPE BENEDICT XVI