

SEASON 11 EP.12

# Lent: Sacrifice & Holy Week

## GROUP QUESTIONS

1. What stood out to you from this week's episode?
2. What traditions have been helpful to your family to enter into Holy Week and prepare for Easter?
3. How can we make this week different, entering into the suffering, death and resurrection of Jesus?
4. As we celebrate Easter, how will you live the reality of resurrection power in your daily life?
5. As we prepare for Pentecost, how can you allow the Lord to use you by being more open and receptive to the Holy Spirit?

## LECTIO DIVINA

"Hosanna to the Son of David! Blessed is He who comes in the name of the Lord!" - Matthew 21:9

## JOURNAL QUESTIONS

1. Research the Holy Week liturgies at your local parish. Ask Jesus how He wants you to experience one of the extraordinary liturgies this week.
2. Read Matthew 26:6-13. Put yourself in the scene as Mary of Bethany and take time to imagine what it smells like, what it feels like, and how Jesus looks at you. What does Jesus want to reveal to you through this?
3. Read Matthew 26:69-75. Imagine yourself as Peter and allow Jesus to see you even in your betrayals. What does Jesus want to say to you through this?

## QUOTE TO PONDER

"He will provide the way and the means, such as you could never have imagined. Leave it all to Him, let go of yourself, lose yourself on the Cross, and you will find yourself entirely."

- St. Catherine of Siena