

SEASON 7 EP.21 - IN THE SCHOOL OF THE HOLY SPIRIT: CH. 2

Group Questions

- 1. What struck you from the podcast?
- 2. Sr. Miriam used the analogy of cultivating the right environment for a garden to grow and that the principles are the same in the spiritual life. What does this mean to you?
- 3. How do you usually hear the Lord speak to you?
- 4. Which one of Fr. Jacques' suggestions stuck out to you? Which one will you choose to dive into this week?
- 5. What comes to mind when you honestly ask yourself the question "Is God enough for me?" Where do you doubt that He will satisfy you?

Journal Questions

- 1. Reflect and journal about this scripture: Romans 15:13. What does it speak to you personally?
- 2. What is the narrative you're believing about your life right now? Is that the voice of the Lord?
- 3. Where are you struggling to trust God's goodness?
- 4. Take a few moments to place everything in your heart before God, the good and bad. Invite God to speak and bring His fire to purify your desires.

Quote to Ponder

"The Spirit of God is a spirit of peace, and he speaks and acts in peace and gentleness, never in tumult and agitation." - Fr. Jacques Philippe