

SEASON 11 EP. 7

Lent: The Desert

GROUP QUESTIONS

1. What stood out to you from this week's episode?
2. What is your disposition as we enter the season of Lent? How is God inviting you to receive restoration rather than to white knuckle your way through fasting, prayer, and penance?
3. What does God want to strip away during this season to create space and expose idols that you may be keeping?
4. How can we approach Lent through the lens of love rather than the lens of fear?
5. What does it mean to allow Jesus to be your guide this Lent?

LECTIO DIVINA

"For me, prayer is a surge of the heart; it is a simple look turned toward heaven, it is a cry of recognition and of love, embracing both trial and joy." - St. Thérèse of Lisieux

JOURNAL QUESTIONS

1. As we begin Lent, are you aware of anything that is blocking your gaze towards Jesus? How can you create space to get into the Lord's gaze again?
2. Have you taken time to ask the Lord: What would you like to give me this Lent? What would you like to talk to me about this Lent? Where would you like to invite me into deeper intimacy and union?
3. How can you allow yourself to experience desire and God's desire for you during this season?

QUOTES TO PONDER

"But you are merciful to all, for you can do all things, and you overlook men's sins that they may repent...you spare all things, for they are yours, O Lord who love the living." - Wisdom 11:23, 26