

SEASON 11 EP.10

# Lent: The Healing Balm Of Almsgiving

## GROUP QUESTIONS

1. What stood out to you from this week's episode?
2. In light of almsgiving, what does faithful stewardship look like in your life?
3. How can almsgiving work to help mature your love?
4. Where do you let others hold you accountable? Are there specific areas you resist accountability?

## LECTIO DIVINA

"Son, you are always with me, and all that is mine is yours." - Luke 15:31

## JOURNAL QUESTIONS

1. How is God asking you to surrender your loaves and fishes? Do you trust him to do his work while you exercise dominion over what he has entrusted to you?
2. Take a moment to name any places in your life where darkness has dominion. If necessary, make a commitment to go to confession and experience healing.
3. Have you ever thought of confession as a means of almsgiving? How might this encourage you to experience healing through confession this Lent?

## QUOTE TO PONDER

"No one heals himself by wounding another." - St. Ambrose