

UNDER MARY'S MANTLE:

Advent Part 4: Under Her Mantle

SEASON 8 EP. 15

Group Questions

1. What struck you from this week's episode?
2. How have you received God's grace to bring new life this advent?
3. How can you invite trustworthy "spiritual midwives" to be with you and help you to birth new things in your life?
4. When Mary's heart was pierced, she kept her heart open instead of choosing bitterness. Where are areas that God is inviting you to keep your heart open in the midst of suffering?

Lectio Divina

"...When Jesus saw his mother and the disciple there whom he loved, he said to his mother, "Woman, behold, your son." Then he said to the disciple, "Behold, your mother." And from that hour the disciple took her into his home..." - John 19:25-30

Journal Questions

1. How is Jesus inviting you to receive the gift of his Mother this advent?
2. What is a situation where you have a choice to allow something beautiful to birth or not? Take a moment to pray for the grace to say yes to Christ this Christmas season.
3. Where have you taken arrows in relationships for the benefit of someone else. Take some time to reflect on these situations and how Mary was with you in them.

Quote to Ponder

"Hear me and understand well, that nothing should frighten or grieve you. Let not your heart be disturbed. Do not fear that sickness, nor any other sickness or anguish. Am I not here, who is your Mother? Are you not under my protection? Am I not your health? Are you not happily within my mantle? What else do you wish? Do not grieve nor be disturbed by anything."
- Our Lady of Guadalupe to Juan Diego

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